



# Mariners' Park News Autumn 2016

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## A few words from Mick Howarth

Dear Resident

Welcome to the autumn edition of our Newsletter.

I hope you were able to join in some of the many activities held at the Park over the summer. The Summer Fayre was a particular highlight even if it had to be held indoors due to the wet and windy weather! Some £800 was raised to support residents' activities in the Care Home and on the Estate.

The work on the Seafarers Wing of Trinity House Hub continues to progress though issues with the bricklaying contractor means we are now five/six weeks behind schedule. We now expect the extra 22 apartments to be ready by the end of March 2017.

Improvements to the properties are not, however, confined to new developments. This year we are planning to install some 20 new wet rooms in properties to ensure residents can bathe safely. This work is already well underway and will continue for the rest of the year. There are also plans for three properties in King George Drive to receive external insulation and this work will be completed in the autumn. Improvements at the Care Home too are in hand. There will be new glass balconies upstairs to improve the views over the river and the communal bathrooms are having a full make over with new non slip flooring and retiling

All residents should have now received our "Information Pack" about your property which includes your annual gas safety certificate and an Energy Performance Certificate (EPC) for your property. Can you please place your Selective Licencing document and contract for accommodation in the folder. This will ensure you keep all the information about your property in a safe place.

I am hopeful that the plans for Gibson House site will be submitted for Planning Approval shortly. As soon as these are available I will ensure a display is available in Trinity House Hub so you can peruse them at your leisure. As you know one of the new apartment schemes will be for Nautilus beneficiaries.

Many of you will be aware that Amy Johnson is now on maternity leave. I am delighted to report that Amy has given birth to a son. Mum and baby are doing fine! Amy's post is being covered by Georgina Parry who will be responsible for the Domiciliary Care Service and co-ordinate services in Trinity House Hub. Georgiana is based in the Hub and can be contacted there.

As always there is a wide range of activities planned over the autumn and you can find the dates for these on the calendar in the Newsletter.

My best regards to you all.

Mick Howarth, Welfare Services Manager



## Men's Activities Co-ordinator



## The Cockleshell Heroes



Woodside memorial



Corporal Albert Frederick 'Bert' Laver

## Men's Activities Co-ordinator



**MS Tannenfels, one of the seven ships targeted by the commandos, was a successful blockade runner bringing supplies to multiple German merchant raiders, which they damaged with their limpet mines**

### Operation Frankton

Having recently watched a documentary called, “The Most Courageous Raid of WWII”, narrated by Paddy Ashton on the BBC we, coincidentally, cycled past a memorial near Woodside the next day.

It is remarkable how a small concrete and iron epitaph is testament to one of the most dangerous and daring raids of World War II, which pitted 10 Marines against 10,000 German troops.

Their brief was to navigate the most heavily defended estuary in Europe, to dodge searchlights, machine-gun posts and armed river-patrol craft by paddling 70 miles to blow up enemy shipping in Bordeaux harbour.

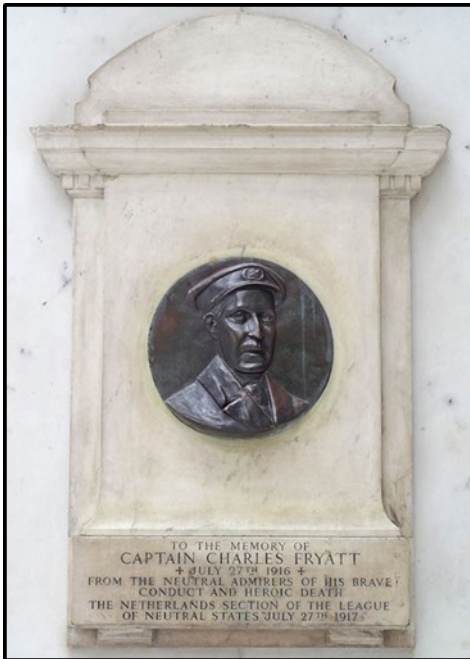
They succeeded in sinking one ship, severely damaging four others and doing enough damage in the port to greatly disrupt the use of the harbour for months to come.

The young men who took part (above), included Birkenhead-born Corporal Albert Frederick ‘Bert’ Laver, just 22 when he signed up for the top secret mission knowing there was a very good chance that they would not return. Unfortunately he was eventually shot by the Germans for his part in the raid, which was credited with shortening World War II by six months.

The monument is a fitting tribute to one of Birkenhead’s most famous and courageous sons.

\*The programme is still available to watch on BBC iplayer.

## Men's Activities Co-ordinator



### Captain Charles Fryatt

Talking of heroes... in the Committee Room at Nautilus House (well worth a visit) there is a dedication to a maritime hero of WW1, Captain Charles Fryatt.

Born in Southampton he became captain of the Great Eastern Railway Company's steamer Brussels, and in utter defiance of the Germans, continued to work the Rotterdam-British East Coast route after war was declared.

On two occasions in March 1915, the Brussels was attacked by U-Boats. Believing it was being readied to torpedo his ship, Fryatt ordered full steam ahead and tried to ram the U-boat head on, forcing it to crash-dive. 'You could have easily hung your hat on the periscope as she lay along side us', he later recalled. The SS Brussels managed to escape and Fryatt was awarded a gold watch by the Admiralty.

But on 23rd June, 1916 a German patrol stopped the Brussels and its twice honoured (once by the GERC, once by the Admiralty) Master was taken first to Zeebrugge then on to Brugge where he was tried on 27th July for attempting to ram the U-Boat over a year previous. Although strongly denied by Captain Fryatt and the British Government - 'he was simply trying to avoid an attack and was only interested in saving the lives of his passengers and crew' - he was nonetheless found guilty and subsequently executed.



## Men's Activities Co-ordinator



His execution caused such outrage in the UK that his body was exhumed after the war and reburied in Britain, mourned by huge crowds .

### Was Captain Fryatt's trial fair?

The German case was that Fryatt was a franc-tireur - a civilian engaged in hostile military activity, whereas Fryatt insisted that he was only interested in saving the lives of his passengers and crew. Merchant mariners' rights to defend themselves in open water are still very much a grey area today, as we have seen in cases of defence against modern piracy. What do you think?



## Care Home

Following on from my report of Nurse Emma's hen night in our last newsletter, I'm pleased to tell you she has since got married! Some of us were lucky enough to attend her big day at St. Mary's Church in Eastham on Saturday 13th August! "Nurse Bailey" is now know as "Nurse Cooke"



August was a month of "firsts" for us!

On Thursday 18<sup>th</sup> August, in the words of Rodgers and Hart, our residents came to the Jubilee Lounge and had to "sing for your supper". Our songstress for the evening was Sandra Currie and the musical theme was "Irish eyes are smiling". We enjoyed a high tea along with a drop or two of sherry!





## Care Home



We're looking forward to doing the same again in December when we will be having a Christmas themed "Sing for your supper"!



We enjoyed our first ever monthly carvery in the Jubilee Lounge. We enjoyed a feast of tender, slow-cooked beef, pork and turkey and veg including crispy, ruffled roasties and all the trimmings. Thank you Julie for being our guinea pig chef!



## Care Home

### Summer Fair

Many of you will know that on Saturday 20<sup>th</sup> August we held our annual Mariners' Park summer fair, which the activity co-coordinators arrange every year to help raise funds to subsidise our Park activities for residents.

After a week of fabulous weather we were treated to a day of heavy rain, showers and wind. We didn't let the great British summer dampen our spirits, we moved indoors, and with the help of all of our amazing residents, supporters and volunteers, we enjoyed a selection of stalls including cakes, a tombola, bric-a-brac, raffle, face painting, arts and crafts, games, books, and an RNLI charity stall. I'm pleased to say that despite the weather, we raised just over £800.00

None of this could take place without all of the help of our volunteers and residents. We would like to give special thanks to Reesey Smith face painting and Neil Bouncy Castles (who we unfortunately had to cancel at the last minute due to the weather) and the RNLI for supporting our event.





## Care Home

### Our new bar!



Some of you may have noticed that we have a pub under construction in the Jubilee Lounge which we bought with some of the proceeds from the Summer Fair. It has currently been nicknamed the “Queen Nic” (no pun intended) but we will be running a competition in due course to give it an official name. We did give it a trial run during our Macmillan Coffee Morning. I am pleased to report that in the care home we made £100 for Macmillan support.



## Christmas Switch On



# Mariners' Park Annual Christmas Switch On

**Monday 12<sup>th</sup> December**  
**Starting at 6.00pm**  
**Jubilee Lounge, Care Home**

**Live entertainment to be confirmed**  
**Light refreshments available**

**Prize for best Christmas costume**



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## Christmas Gift Boxes For Seafarers

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In November we are hoping to gift wrap a number of Christmas gift boxes to send to seafarers. The boxes are for both male and female seafarers. If you would like to help us in anyway here are some ideas:

- Shoes boxes, gift paper
- Woolly hat, scarf, gloves
- Sweets
- Confectionary
- Pocket games
- Notepads and pens
- Toiletries i.e. toothpaste, soap or shower gel
- Disposable razors or shaving foam
- Toothbrushes (which need to be individual wrapped)
- A brush or comb
- A message on a postcard about who the box is from (optional)

Collection of items can start straight away, please leave items with Audrey Stocker, in the Hub.

On Friday 25<sup>th</sup> November, starting from 2.30pm, we would like residents to join us by filling and wrapping all of the boxes ready to be collected. All boxes need to be marked for either a male or female.

Thank you for your support

Audrey Stocker

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## Guest Flat

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Christmas will be soon be upon us. If you wish to make any enquiries or bookings over the festive season or any other time please contact Sharon at Trinity House Hub reception or telephone 0151 346 8840. The charge is £25 per night. Please book early to avoid disappointment.



## Social Zone

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### WEEKLY EVENTS

#### Monday

Coffee Morning, starting at 10.30am  
Jubilee Lounge, Care Home



#### Tuesday

Sit Fit, starting at 10.00am  
Function Room, Hub



Bridge Club, starting at 2.00pm  
Hobbies Room, Hub



#### Thursday

Craft Class, starting at 10.00am  
Hobbies Room, Hub



#### Friday

Art Class, starting at 10.00am  
Hobbies Room, Hub





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## Social Zone

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### DATES FOR YOUR DIARY

Monday 31<sup>st</sup> October  
**Halloween Tea - Scouse Night**  
Starting at 6.30pm  
Function Room, Hub  
£1.50 per ticket  
Tickets available from Audrey Stocker,  
Prize for best costume



Friday 11<sup>th</sup> November  
**Remembrance Service**  
Starting at 10.45am for 11.00am  
Meet at the Atlantic Memorial Stone  
Followed by light refreshments in the Hub



Sunday 13<sup>th</sup> November  
**Remembrance Service in Liverpool**  
3.00pm Liverpool Cathedral



Friday 2<sup>nd</sup> December  
**Mariners' Park Christmas Market**  
Starting at 10am till 2pm  
Function Room, Hub



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## Social Zone

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### DATES FOR YOUR DIARY

Monday 12<sup>th</sup> December  
**Mariners' Park Annual Switch On**  
Starting at 6.00pm  
Jubilee Lounge, Care Home



Tuesday 13<sup>th</sup> December  
**Abba Night at the Floral Pavilion**  
(Fully Booked)



Tuesday 20<sup>th</sup> December  
**Golden Oldie Festive Afternoon at Leasowe Castle**  
Cost £11.95 per person  
See Audrey for more details



Saturday 24<sup>th</sup> December  
**Christmas Eve Irish Coffee and Mince Pies**  
Starting at 6.30pm  
Function Room, Hub



Would you like to host an event or do you have ideas for an event, activity or trip out please contact Audrey Stocker, Activities Co-ordinator at the Hub on 0151 346 8840

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## To Nautilus International

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I have recently returned from the trip of a lifetime to Malaysia, for which I would like to thank your generous donation for making possible!

I had many unique and memorable experiences during my two week expedition, yet the most memorable of these was our visit to Kirtash Handicapped and Disabled Home. Their main building had recently burned down so we bought the residents a plethora of toys, craft items and sports equipment. This gift made the residents extremely happy as they had little to do since most of their possessions had been taken by the fire. Our time there was spent interacting with the residents, young and old, and forming genuine friendships. We also helped to paint walls to make their house seem more like a home. Since leaving the home we have been brainstorming ways to further help the residents, as the home had no paid or trained carers and lacked basic utilities such as wheelchairs and proper showering facilities.

We were also fortunate enough to go white water rafting, sightseeing and to relax on an island. I found the Batu Caves, Petronus Towers and Pulau Pangkor island to be the best experiences. As well as this, we had a trek through the jungle which was exhausting but worth it for the beautiful views from the top of the Cameron Highlands! I was also grateful to experience a new culture with many languages and exciting new foods to try.

Thank you very much for your kind donation. It is not everyday that an opportunity as exciting as this one arises and I am thankful that I was able to experience it.



Please check out @weatherheadmalaysia on Instagram for more pictures taken by our leader!

Yours gratefully

Shannon Stocker and Fay Hunter

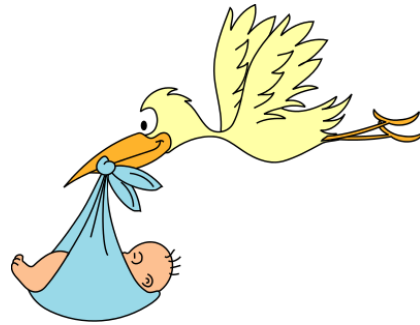
Nautilus sponsored both young ladies

Both their mums work at Mariners' Park, Audrey Stocker, Activities Coordinator, and Karen Lamb, Health Care Assistant, at the Care Home

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## New Arrival

Amy Johnson, Care Manager, has given birth to a baby son, Henry Robin, who weighed in at 7lb 2oz and was born on Sunday 9 October at 9.56am. Both mum and son are doing well and hopefully it won't be too long before we meet Henry.





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**Christmas Market**

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# Mariners' Park 2<sup>nd</sup> Christmas Market



Will take place on  
Friday 2<sup>nd</sup> December  
starting at  
10am until 2pm  
Function Room, Hub  
More details to follow

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## Hub 2—update in photographs



Games Room on the ground floor from different angles





## Hub 2—update in photographs

Looking towards the care home from the third floor



Looking out towards the care home from one of the apartments





## Hub 2—update in photographs



From an apartment on the second floor looking towards King George Drive

Looking out of the stairwell at the end of Hub 2 towards Whitley Drive





## Hub 2—update in photographs



Internal brickwork being done up on the third floor

Windows starting to be put in on the first floor



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## Staff News

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### Farewell to .....

#### Care Home

Christine Scott has retired after 17 long years of service

Claire Cooper has taken an opportunity in retail

Jan Barwell has moved to a new care home

Pauline Exton has moved to a new care home

Kayleigh Dolan will soon be starting her new career in the NHS

Julie Edwards has taken a Chef post in a new care home

We wish you all of our best wishes

#### Grounds Team

Paul Clark has retired

### Welcome to.....

#### Nautilus Care

Shirley Bull

Sandra Williams (returned)

Debbie Brooks

Vivian Wharton

#### Care Home

Ruth Collard

Adele Vaughan





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## Estate News — Paul Clark

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Paul came to work for Nautilus Welfare Fund six years ago as a seasonal gardener and liked it that much, he came back each year. Sadly, last week, he took the decision to retire.

Paul had previously worked for Wirral Borough Council as a gardener for many years and had taken early retirement from that position, hence Nautilus were in the fortunate position to employ him.

Paul is a very sociable person and forged many good relationships with our residents, who I am sure will miss him, as his colleagues will also. Paul always accepted anything that was asked of him with good grace and was an ideal employee.

Paul also witnessed a remarkable turn of events when, firstly his son was to become employed as a gardener on a permanent contract and this year his brother was employed by the contractor who is currently building the extension to Trinity House Hub.

Whilst we realised that Paul is a quiet man, and he didn't want any fuss, we couldn't let him go without saying goodbye, so we had a cup of tea and a cake and a few residents also came to say their goodbyes to him on his last day.

A lovely tribute was paid by Paul and was received by myself after he had left, but it gave me and should give others a lot of personal satisfaction. On his time sheet Paul wrote the following message 'My last day. I would like to thank all at Mariners' Park for making my job very rewarding. 6 years have flown by and I have been very happy to have been part of a great team'.

Paul now plans to spend more time with his wife and to be available to take his grandchildren to and from school, and to be called upon for lifts in emergencies amongst his family circle.



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## Welcome to New residents

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We would like to welcome some new residents to Mariners' Park:

Mr & Mrs Finn  
Mr Ball  
Mr & Mrs Rodgers

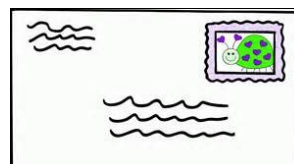


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## Gentle Reminder

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If you are going on holiday or will be away from your home for a number of days please let Sharon or Annette, in the Hub, know. This will ensure that the weekly post is not sent to you whilst you are away. Also staff can key an eye on your home whilst you are away.



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## Blades Hair Salon

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Blades Hair Salon, based in the Hub, is now open three days during the week. They provide a service for men and women and they range from a short back and sides to a wash and blow. All are welcome and to book an appointment please ring 0151 346 8847.

Monday 9am – 3pm  
Wednesday 9am – 1pm  
Friday 9am – 3pm

There are also leaflets with a full price list for you to browse at your leisure and they are available in the Hub reception and the Hair and Beauty Room.

